

HOPE LIVES! COLLABORATIVE PROFESSIONAL PROVIDER LIST

Please note new providers are added frequently therefore please visit our website www.hopelives.org for the most current list.

ALL SERVICES COST ONE VOUCHER (\$50) UNLESS OTHERWISE INDICATED

Acupuncture

Acupuncture Center of Northern Colorado **970.493.0025**

2550 Stover St, #F, Fort Collins

www.acucenternoco.com

Contact: Holly Rampone-Gulder, Michelle Hines

Acupuncture Clinic of Fort Collins **970.657.2932**

1020 Luke St, #C, Fort Collins

www.acupunctureclinicfortcollins.com

Contact: Emma Goulart

Balanced Thistle **970.658.5777**

1703 S. College Ave, #301, Fort Collins

www.balancedthistle.com

Contact: Dr. Meghan Gray

Fort Collins Family Acupuncture **970.472.0955**

313 West Drake Rd, Suite #210, Fort Collins

www.ftcollinsfamilyacupuncture.com

Contact: Heidi Golding

Cost = 1st visit takes 2 vouchers

Sage Holistic Health **970.667.7071**

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com

Contact : Deidre Koloski, ND, L.Ac

Cost = 1st visit takes 2 vouchers

Solecki Chiropractic & Acupuncture **970.353.2101**

3624 W 10th St, Greeley

www.soleckichiro.com

Traditional Chinese Medical Clinic **970.416.0444**

700 West Mountain Ave, Fort Collins

www.tcmclinic.org

Contact: Monique Larsen

Cost = 1st visit requires 2 vouchers

Tusken Chiropractic & Acupuncture

970.669.5433

706 Taft Ave, Loveland

www.tuskenchiropractic.com

Cancer Rehabilitation

UNC Cancer Rehabilitation Institute

970.351.1720

913 19th St, Greeley

www.unco.edu/unccri

Services: Enroll in a 3-month Cancer Rehabilitation program. This includes initial assessment and meeting with a trainer 3x/week.

Cost = 6 Vouchers or \$300

CSU Fitness Therapy for Cancer (FIT)

412.512.2120

910 Moby Dr, Fort Collins

<https://www.chhs.colostate.edu/hes/outreach-and-engagement/fit-cancer/>

Contact: Mary Crisafio, MS, ACSM-CPT, mary.crisafio@colostate.edu

Services: Enroll in an 8 week exercise program including individualized assessments and once-a-week group based exercise classes.

Cost = 2 Vouchers or \$170

Chiropractic

Copper Heights Chiropractic Muscle & Joint Clinic

970.776.9053

411 E 27th St, Loveland

www.copperheightsmjc.com

Solecki Chiropractic & Acupuncture

970.353.2101

3624 West 10th St, Greeley

www.soleckichiro.com

Tusken Chiropractic & Acupuncture

970.669.5433

706 Taft Ave, Loveland

www.tuskenchiropractic.com

Counseling and Guidance

Hypnosis in Northern Colorado

970.313.3253

www.hypnosisinnortherncolorado.com

2627 Redwing Rd, Fort Collins

Contact: Becky Johnson

Services: 2-hour hypnotherapy session

Natasha Trujillo, PhD, L.P.

307.760.3886

VIRTUAL

Contact: Natasha Trujillo

Services: Individuals. Specializes in trauma/grief

Cost = 3 vouchers

Energy Work & Healing Touch

Harmonizing Touch Healing Therapies

970.420.4949

126 W Harvard St, #5, Fort Collins

www.harmonizingtouch.com

Contact : Joanie de la Garza, RN, HTCP, CR

joandelagarza@comcast.net

Services: Healing Touch, Reflexology, Essential Oils, Wellness

Innate Wholeness

970.481.4509

VIRTUAL

www.innatewholenesshealing.com

Contact: Kristi Joy, HTCP

Services: Healing Touch

Sole Therapy

970.231.7059

3938 JFK Pkwy #11C, Fort Collins

www.sole-therapy.com

Contact: Andi Bartholomew

Services: Reflexology, Reiki, and Jin Shin Practitioner

Hair

Audrey Catherine, LuxeLocksCo @ Mane Door Salon

970.493.4171

1635 S. Lemay Ave, Fort Collins

www.themanedoorsalon.com

Contact: Audrey Catherine

Services: The Mane Door Salon will give a FREE BUZZ CUT to current Hope Lives clients. Please call to schedule an appointment

Old Town Hair Company**970.407.9730**

325 Cherry St, #114, Fort Collins

www.oldtownhaircompany.com**Contact:** Sally Weiss**Services:** Old Town Hair will give a FREE BUZZ CUT to current Hope Lives clients

Please call to schedule an appointment

Salon One Ten**970.599.4398****Contact:** Kali Johnsonwww.Vagaro.com/salononetten1

3491 E Harmony Rd, Fort Collins

Services: Specializes in regrowth haircuts**Home Services****Quality Cleaning****970.624.9221****Contact:** Maritza**Services:** 2-hour cleaning, including cleaning products. Serves **ALL** of NoCo.**Cost = 2 vouchers****Kay Schranz****Contact:** kay5396@gmail.com**Services:** Volunteer will help with household tasks such as laundry, light housekeeping, errands, groceries, prescriptions, yard work, childcare, transportation, etc.**Cost = 0 vouchers. Her service is free of charge.****Lymphatic Drainage Massage Therapy****A Touch of Compassion****970.400.7235**

809 30th Ave, #3, Greeley

www.atouchofcompassion.abmp.com**Contact:** Diana Romick, LMT, CMLDT Services: Trauma Touch Therapy, Oncology Massage, Lymphatic Drainage Massage**Balanced Thistle****970.658.5777**

1703 S. College Ave, #301, Fort Collins

www.balancedthistle.com**Contact :** Dr. Meghan Gray**Services :** Lymphatic Drainage Massage, Acupuncture, Yoni Steaming

Lymphworks, LLC**970.222.9421**

1113 Stoney Hill Dr, # A, Fort Collins

www.fortcollinslymph-massage.com**Contact:** Carol McDaniel, CMT**Services:** Lymphatic Drainage Therapy, Manual Lymph Drainage, Online Scheduling**The Tranquil Spa****970.689.9811**

1752 Topaz Drive, Loveland 80537

www.christycoberly.amtamembers.com**Contact:** Christy Coberly, LMT**Services:** Massage, Medical Massage, Lymph Drainage**Massage****Estes Park Massage****970.586.4575****Contact:** Becky Martin

517 Big Thompson Ave b, Estes Park

www.estesparkmassagetherapy.com**Services:** 45-minute custom *Hope Lives!* massage**Sage Holistic Health****970.667.7071**

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com**Contact :** Lisa Smuin, LMT**Xanadu Med Spa****970.482.1889**

2244 E Harmony Rd, #100, Fort Collins

www.xanadumedspa.com**Naturopathic Medicine****Sage Holistic Health****970.667.7071**

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com**Contact:** Deidre Koloski, ND, L.Ac & Kathryn Plummer, ND**Services:** Homeopathy, Nutrition Physical Medicine, Stress Management**Cost = 1st visit takes 2 vouchers****Physical Therapy**

Adams & Giddings Physical Therapy**970.416.8342**

702 W. Drake Rd, Bldg. E., # A, Ft. Collins

Contact: Sara Tullius, MPT**Services:** Physical Therapy for Cancer Symptoms Management**Skin Care****Grow to be Great****970.481.8066**www.deanne.mulvihill.arbonne.com**Contact:** Deanne Mulvihill**Services:** Skin care, body care, make-up, hair care and nutritional products.**Glowing Skin****970.342.9099**

3106 Eisenhower Blvd, Loveland

www.skincareloveland.com**Contact:** Carly Vittorio**Services:** Custom Facial, Eminence Products (Organic/Botanical Skin Care)**Xanadu Med Spa****970.482.1889**

2244 E Harmony Rd, #100

<http://www.xanadumedspa.com>**Services:** Clinical Oncology Esthetics – Facials and Hand/Foot/Scalp Treatments, Microblading**Yoga, Barre, Tai Chi and Qigong****Grace Yoga****970.646.2022**

4520 N. Garfield Ave, Loveland

www.lovegraceyoga.com**Contact :** Nicole Murphy**Services :** 7 group yoga classes (*expires 3 months from purchase*), 2 private yoga classes (*expires 30 days from purchase*), 2 Yamuna Face Sculpting Sessions (*expires 30 days from purchase*), 3 Infrared Sessions : Biomat or Infrared Sauna (*expires 30 days from purchase*), 1 hour Energy Healing, 1 hour essential oil consultation plus custom blend to take home, 90 min massage with sound healing, 90 min private cacao immersion.**Cost:** Each service costs 1 voucher.**Grace and Power Fitness****970.786.0604**

645 N Denver Ave, Loveland

www.graceandpowerfitness.com

Contact: Becka Repp

Services : 5 group Barre classes

Marie Dotts, T'ai Chi

970.412.9955

mcdotts@hotmail.com

www.flowingfromcenter.com

Services: 8-class series of beginner classes or 2 private sessions. Classes are in Loveland at the Mountain Presbyterian Church

Retail

Hearne's Footwear and Clothing

970.244.4653

15 Old Towne Square, Fort Collins

www.hearnesfootwearandclothing.com

Contact: Maia Baccari

Services : \$50 per voucher towards any pair of shoes or accessories. No cash back.

Mastectomy & Augmentation Supplies

Good Day Breast Care Center @ Good Day Pharmacy

970.224.1212

Fort Collins: Spring Creek Medical Park 2001 S. Shields

Contact: Heather Robinson

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

Cost = Up 4 vouchers towards the purchase of products

Columbine Medical Equipment

970.221.1453

802 West Drake, #101, Fort Collins

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

Cost = **Up to 4 vouchers towards the purchase of products**

RCC Medical Supply

3109 35th Ave, Greeley

Contact: Amy Ledford

Services: Mastectomy supplies: bras, silicone mastectomy forms, foam mastectomy forms, post-op camisoles; lymphedema sleeve, lymphedema gauntlet, lymphedema glove, compression bras, swimsuits, and headwear.

Cost: **Up 4 vouchers towards the purchase of products.**

Knitted Knockers**970.402.5330**

Physical Therapy and Rehabilitation Services Harmony
2121 E Harmony Rd, Ste 150, Fort Collins

Contact: Deanna Krausse

Services: Knitted Knockers are special handmade breast prosthesis for women, **free of charge**, who have undergone mastectomies or other procedures to the breast.

Traditional breast prosthetics are usually expensive, heavy, sweaty and uncomfortable.

COST = 0 vouchers. Her service is free of charge.

Can also be picked up at the *Hope Lives!* office (supply varies, by appointment only)

Somebunny

E-mail contact preferred: hannah@somebunnyawesome.com

Contact: Hannah Hopkins Walton

Services: Provides shirts and pillows for post-surgery recovery. Somebunny post op shirts are soft, open in the front for easy wear and have pockets on the inside to hold your drains, helping you feel comfortable and confident. Our Somebunny hug pillow is crucial after lumpectomy, mastectomy and reconstruction surgery. The hug pillow is long and rectangular shaped. While the front safeguards your chest, the sides hold your arms out comfortably, so they don't rest too closely to your tender skin or any area of your arm where lymph nodes were removed.

Cost = 1-2 vouchers towards the purchase of product (varies by product)

Wigs**Audrey Catherine- LuxeLocksCo. (@ Mane Door Salon)****970.493.4171**

1635 S. Lemay Ave, Fort Collins

Contact: Nancee Testa

Services: FREE consultation and cuts/styling for the life of your wig. Please call to schedule an appointment

Cost = Up to 5 vouchers towards the purchase of a Mane Door Salon wig
(equivalent of \$250 discount on full-price wig).

Old Town Hair Company**970.407.9730**

325 Cherry St, #114, Fort Collins

www.oldtownhaircompany.com

Contact: Sally Weiss

Services: Discount and cleaning care kit. Please call to schedule an appointment

Cost = Use up to 6 vouchers towards the purchase of a wig

(equivalent to \$300 towards the purchase of a wig).

American Cancer Society Greeley Wig Program

970.356.9727 #3

8221 W. 20th St, #A, Greeley

Services: Brand-new wigs and head coverings to cancer patients experiencing hair loss because of treatment.

Cost = 0 vouchers. Their products/services are free of charge.

GLOSSARY OF SERVICES

- **Acupuncture** – alleviates symptoms such as: nausea, vomiting, fatigue, and those associated with menopause, as well as assisting with pain management
- **Barre** - class involving intense isometric movements that are sequenced in a way to elongate and lean out your muscles. Modifications are introduced based on physical capabilities.
- **Chiropractic** - immune support, increases energy/comfort, relaxation, stress relief
- **Counseling** - (individual, couple, family) – increase effective communication, decrease stress/dysfunction
- **Hair and Wig Care** - support for the process of hair loss and regrowth
- **Home Help** - (cleaning, errands, meal prep, transportation, personal care) – decrease stress, more time for healing and recovery
- **Healing Touch** - faster surgical healing, decreases post -op circulatory/respiratory complications, mental/emotional healing, healing affirmations
- **Hypnotherapy** - a method to help treat virtually any psychological or behavioral health issue such as trauma, pain, depression, anxiety, insomnia and more.
- **Lymphatic Drainage Massage** - uses a very light touch that mimics the body's natural lymphatic pump. Helps remove toxins, reduced swelling (lymphedema)
- **Massage** - (Swedish, Neuromuscular) - immune support, relaxation, pain relief, decreases stress, lowers heart rate/blood pressure, improves circulation

- **Naturopathic Medicine** - whole person, cause based approach to health care with natural therapies (stress management, botanical medicine, homeopathy, nutrition, Chinese Medicine)
- **Qigong** - is a Chinese method that combines soft body movements with mental concentration and breathing to increase human energy
- **Reiki** - relaxation, pain relief, mood improvement, increase sense of well-being and positive attitude
- **Reflexology** - encourages release of toxins, increases sense of harmony
- **Tai chi** - is a type of Chinese physical exercise in which you make slow, controlled movements to decrease stress and improve mood
- **Yoga** - more resilience to disease, strength, flexibility, relaxation and connection to one's body