

HOPE LIVES! COLLABORATIVE PROFESSIONAL PROVIDER LIST

List is modified frequently: check our website www.hopelives.org for current offerings.

ALL SERVICES COST ONE VOUCHER UNLESS OTHERWISE INDICATED

Acupuncture Center of Northern Colorado**970.493.0025**

2550 Stover St, #F, Fort Collins

www.acucenternoco.com

Contact: Holly Rampone-Gulder, Michelle Hines

American Cancer Society Greeley Wig Program**970.356.9727 #3**8221 W. 20th St, #A, Greeley

Services: Brand-new wigs and head coverings to cancer patients experiencing hair loss because of treatment.

*No vouchers required.***Balanced Thistle****970.658.5777**

1703 S. College Ave, #301, Fort Collins

www.balancedthistle.com

Contact: Dr. Meghan Gray

Services: Acupuncture, Lymphatic Drainage Massage, Yoni Steaming

Columbine Medical Equipment**970.221.1453**

802 West Drake, #101, Fort Collins

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

*Can use up to 4 vouchers (\$200) for the purchase of products.***Classical Beauty Spa****970.980.6168**2004 W 15th St, Unit 3, Lovelandwww.classicalbeautyspa.com

Contact: Lenina Olivas

Services: Powder Brow Permanent Makeup (*5 Vouchers*), Reflexology**CSU Fitness Therapy for Cancer (FIT)****412.512.2120**

910 Moby Dr, Fort Collins

<https://www.chhs.colostate.edu/hes/outreach-and-engagement/fit-cancer/>Contact: Mary Crisafio, MS, ACSM-CPT, mary.crisafio@colostate.eduServices: Enroll in an 8-week exercise program including individualized assessments and once-a-week group-based exercise classes. *2 Vouchers or \$170***Elevated Nutrition & Wellness****423.258.2706**

2707 W. Eisenhower Blvd, Ste 8, Loveland

<https://www.elevatedwithjess.com/>

Contact: Jess Whitmill

Services: Mind Body Spirit Release Session (Basic), 30min Nutrition Consultation, 20% lifetime discount on all services (CODE: HOPELIVES), 20% discount on supplements

Estes Park Massage

970.586.4575

517 Big Thompson Ave b, Estes Park

www.estesparkmassagetherapy.com

Contact: Becky Martin

Services: 45-minute custom *Hope Lives!* massage

European Beauty Care

303.720.3807

441 E 4th St, Unit 102, Loveland

www.oanatrauca.com

Contact: Oana Truca

Services: Full set lash extensions (*2 vouchers*), refill classic lashes, brows design (brow shaping & tint) + 1 maintenance brow tint, lash lift + tint, lash refill classic + lip wax.

Flowing from Center

970.412.9955

Classes are in Loveland at the Mountain Presbyterian Church

www.flowingfromcenter.com

Contact : Marie Dotts, mcdotts@hotmail.com

Services : 1.5-hour private T'ai Chi session

Freya's Warriors

303.747.5001

www.freyaswarriors.com

Contact : Christina LaCroix (former client/survivor), freya@freyaswarriors.com

Services : Group Coaching Seminar (*2 vouchers*), Freya's Warriors Session

Glowing Skin

970.342.9099

3106 Eisenhower Blvd, Loveland

www.skincareloveland.com

Contact: Carly Vittorio

Services: Custom Facial, Eminence Products (Organic/Botanical Skin Care).

Cost varies by product selection; call for pricing.

Good Day Breast Care Center @ Good Day Pharmacy

970.224.1212

Fort Collins: Spring Creek Medical Park 2001 S. Shields

Contact: Heather Robinson

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

Use up to 4 vouchers (\$200) towards the purchase of products.

Grace and Power Fitness

970.786.0604

645 N Denver Ave, Loveland

www.graceandpowerfitness.com

Contact: Becka Repp
Services: 5 group Barre classes

Grace Yoga**970.646.2022**

4520 N. Garfield Ave, Loveland
www.lovegraceyoga.com

Contact : Nicole Murphy graceyoga@live.com

Services: 7 group yoga classes, 2 private yoga classes, 2 Yamuna Face Sculpting Sessions, 3 Infrared Sessions, Biomat or Infrared Sauna, 1 hour Energy Healing, 1 hour essential oil consultation plus custom blend to take home, 90 min massage with sound healing, 90 min private cacao immersion.

Grow to be Great (Arbonne)**970.481.8066**

www.deannemulvihill.arbonne.com

Contact: Deanne Mulvihill growtobegreat4@gmail.com

Services: Arbonne skin care, body care, make-up, hair care and nutritional products.

25% off all products. Each voucher worth \$50 towards product cost. Hope Lives Graduates 25% lifetime discount.

Harmonizing Touch Healing Therapies**970.420.4949**

126 W Harvard St, #5, Fort Collins

www.harmonizingtouch.com

Contact : Joanie de la Garza, RN, HTCP, CR, joandelagarza@comcast.net

Services: 1-Hour Healing Touch/Reiki

Hearne's Footwear and Clothing**970.244.4653**

15 Old Towne Square, Fort Collins

www.hearnesfootwearandclothing.com

Contact: Maia Baccari

Services: \$50 cash value per voucher for any pair of shoes or accessories.

Hugh Castor Acupuncture**970.215.7419**

1304 S. College, #7, Fort Collins

www.hughsacupuncture.com

Contact: Hugh Castor, hughcastor@hotmail.com

Services: 60-minute acupuncture

HK Higher Knowing**970.214.1846**

www.hkhhighkicks.com

Contact: Erin Doty

Services: Fascia Yoga & Meditation, Gemstone-Infused Sound Bath, Grief Support, Energy Balancing

Call for current Hope Lives pricing.

Hypnosis in Northern Colorado**970.313.3253**

www.hypnosisinnoco.com

2627 Redwing Rd, Fort Collins

Contact: Becky Johnson

Services: 2-hour hypnotherapy session (2 vouchers)

Indigo Sun

970.213.6331

631 Birch St, Unit D, Windsor

www.indigosunacupuncture.com

Contact: Ellen Williams, L.Ac., MS OTR

indigoacupuncture@comcast.net

Services: Acupuncture, Cupping, Tui Na, Moxibustion, 10% lifetime discount on services

Knitted Knockers

970.213.6331

Contact: Deanna Krausse

Services: Knitted Knockers are special handmade breast prosthesis for those who have undergone mastectomies or other procedures to the breast. Traditional breast prosthetics are usually expensive, heavy, sweaty and uncomfortable.

No vouchers required. Can also be picked up at Hope Lives! office (supply varies, by appointment only).

Lana Gallagher Massage

970.213.6392

4545 Wheaton Drive, B210 Fort Collins, CO 80525

www.lkgallagher.massagetherapy.com

LKGallagher81@gmail.com

Services: 60-Minute Massage (Swedish, Deep Tissue, Sports, Manual Lymphatic Drainage, Trigger Point)

LymphWorks, LLC

970.222.9421

1113 Stoney Hill Dr, # A, Fort Collins

www.fortcollinslymph-massage.com

Contact: Carol McDaniel CMT

Services: Lymphatic Drainage Therapy, Manual Lymph Drainage, Online Scheduling

One 60-minute session or Two 30-minute sessions

Malama Massage & Bodywork

720.320.7789

www.malamamandb.com

Contact : Gina Michelle, LMT, CHDP, aquamalama@gmail.com

Services: Healing dance aquatic bodywork, temple lomi lomi, integrated massage

Mary Kay

Contact: Alisa Rindels

308.220.8543

www.marykay.com/arindels

Complimentary skin care session, free samples, 25% off with voucher, 10% off without voucher, discounts to fit within \$50 voucher limits.

Mane Door Salon

970.493.4171

1635 S. Lemay Ave, Fort Collins

www.themandedoorsalon.com

Contact: Audrey Catherine

Services: *0 voucher BUZZ CUT.*

Contact: Nancee Testa

Services: *0 voucher consultation and cuts/styling for the life of your wig. Please call to schedule an appointment. Wigs vary in pricing; call for appointment. Use up to 5 vouchers towards the purchase of a Mane Door Salon wig (equivalent of \$250 discount on full-price wig).*

Natasha Trujillo, PhD, L.P.

307.760.3886

VIRTUAL

Contact: Natasha Trujillo

Services: Specializes in trauma/grief counseling. *3 vouchers/\$150 per session*

Old Town Hair Company

970.407.9730

325 Cherry St, #114, Fort Collins

www.oldtownhaircompany.com

Contact: Sally Weiss oldtownhair@gmail.com

Can use up to 6 vouchers towards the purchase of a wig (equivalent to \$300 towards the purchase of a prosthetic hair system). Please call to schedule an appointment.

Proper Canna Naturals

2649 E Mulberry St, Unit 9, Fort Collins

info@propercannanaturals.com

Discount code HOPE LIVES for 25% off products

Quality Cleaning

970.624.9221

Contact: Maritza

Services: 2-hour cleaning, including cleaning products (*2 vouchers*). Serves ALL NoCo.

RCC Medical Supply

970.356.9078

3109 35th Ave, Greeley

Contact: Amy Ledford

Services: Mastectomy supplies: bras, silicone mastectomy forms, foam mastectomy forms, post-op camisoles; lymphedema sleeve, lymphedema gauntlet, lymphedema glove, compression bras, swimsuits, and headwear. *Use Up 4 vouchers towards the purchase of products.*

Replenish Nutrition

970.400.1866

In person or virtual coaching

www.replenishnutrition.org

Contact: Megan Salazar, megan@replenishnutrition.org

Services: 4 Nutrition Counseling Sessions (*2 vouchers*)

Sage Holistic Health

970.667.7071

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com

Contact: Dee Koloski ND, L.Ac & Kathryn Plummer ND, Lisa Smuin info@sageholistichealth.com
Services : 60-Minute Massage, 45-Minute Acupuncture, Established Nutritional Consultation
Initial visit for acupuncture and nutritional consultation cost two vouchers each

Sole Therapy**970.231.7059**

3938 JFK Pkwy #11C, Fort Collins

www.sole-therapy.com

Contact: Andi Bartholomew

Services: Reflexology, Reiki, and Jin Shin Practitioner

Solecki Chiropractic & Acupuncture**970.353.2101**3624 W 10th St, Greeleywww.soleckichiro.com**Somebunny**Contact: Hannah Hopkins Walton, hannah@somebunnyawesome.com

Services: Shirts and pillows for post-surgery recovery. Shirts are soft, open in the front for easy wear and have pockets on the inside to hold your drains, helping you feel comfortable and confident. Hug pillows are crucial after lumpectomy, mastectomy, and reconstruction surgery. The hug pillow is long and rectangular shaped. While the front safeguards your chest, the sides hold your arms out comfortably, so they don't rest too closely to your tender skin or any area of your arm where lymph nodes were removed. *No cost for mastectomy shirt and waterproof drain pouch.* 1 voucher for a handmade mastectomy pillow. Shipping additional.

Spring Creek Acupuncture**303.585.0019**

1816 S. Whitcomb St, Fort Collins

Contact : Christina LaCroix (former client/Survivor)

BOOK HERE: www.springcreekacupuncture.com (*1st visit takes 2 vouchers*)**Soul Agency****970.402.5330**www.soulagencylife.comContact: Deanna Krause, deanna.krause@soulagencylife.comServices: Healing products for cancer patients of all kinds. *Hope Lives clients receive 20% OFF with coupon code HOPELIVES!20 @ checkout***The Crowded Bookshelf**www.thecrowdedbookshelf.comContact: Renee Becher, thecrowdedbookshelffc@gmail.comServices: 15% off 1st order of books/gifts**The Happy Mat Yoga Studio****970.820.0838**Contact: Rachel Dirks, yogalovingrachel21@gmail.comwww.happyouhealing.comServices: Reiki (*2 vouchers*), Private Sound Bath**BONUS* 5 Yoga Classes and 1 Public Sound Bath to every new Hope Lives! Client (0 vouchers)*

Traditional Chinese Medical Clinic

700 W. Mountain Ave, Fort Collins

970.416.0444Contact : Monique Larsen, tcmclinic@tcmclinic.orgwww.tcmclinic.org

Services: Acupuncture

Tranquil Health Massage & Wellness Center

3307 S College Ave, Suite 200-9, Fort Collins

970.219.9135Contact : Gayle Tanaka, GTanakaCNM@gmail.comwww.tranquilhealthmassage.com

Services: Massage

*Spiritual direction also available- call for more information***Tusken Chiropractic and Acupuncture****970.669.5433**

706 N. Taft, Loveland

tuskenchiropractic@gmail.com

Services: Acupuncture/Exam, Chiropractic/Exam, 60-minute massage

UNC Cancer Rehabilitation Institute**970.351.1720**913 19th St, Greeleywww.unco.edu/unccriServices: Enroll in a 3-month Cancer Rehabilitation program. This includes an initial assessment and meeting with a trainer 3x/week. *6 Vouchers or \$300***Women of the Water****970.658.0381**Contact: Lisa Cheney-Philp, lisa@womenofthewater.com

Services: 1:1 coaching and small group programs exploring grief, loss, death and dying

New Client Introductory Package, Small Group Program (*4 vouchers*), 1:1 coaching package (*10 vouchers*)www.womenofthewater.com**Wildfire Magazine**<https://www.wildfirecommunity.org/>

WILDFIRE is a magazine specifically designed with the young breast cancer survivor and fighter in mind. The contributors are all diagnosed under the age of 45; a growing population decades younger than the average breast cancer fighter with few age-appropriate resources available. Get a 15% discount at checkout for magazine subscriptions, apparel, writing workshops and more with code HOPELIVES.

Xanadu Med Spa**970.482.1889**

2244 E Harmony Rd, #100, Fort Collins

Services: Massage, Clinical Oncology Esthetics, Facials and Hand/Foot/Scalp Treatments, Microblading

www.xanadumedspa.com

Services: Massage, Facials, Oncology Aesthetics, Hand/Foot Massage, Skincare, Microblading, Botox and more.

Contact for pricing- varies based on selection; staff can create a custom experience that includes several treatments.

GLOSSARY OF SERVICES

- **Acupuncture** – alleviates symptoms such as: nausea, vomiting, fatigue, and those associated with menopause, as well as assisting with pain management.
- **Barre** - class involving intense isometric movements that are sequenced in a way to elongate and lean out your muscles. Modifications are introduced based on physical capabilities.
- **Biofeedback** – Become aware of how your body and mind react to stress; explore and practice healthier responses.
- **Chiropractic** - immune support, increases energy/comfort, relaxation, stress relief.
- **Counseling** - (individual, couple, family) – increases effective communication, decreases stress/dysfunction.
- **Hair and Wig Care** - support for the process of hair loss and regrowth
- **Home Help** - (cleaning, errands, meal prep, transportation, personal care) – decrease stress, more time for healing and recovery.
- **Healing Touch** - faster surgical healing, decreases post -op circulatory/respiratory complications, mental/emotional healing, healing affirmations.
- **Hypnotherapy** - a method to help treat virtually any psychological or behavioral health issue such as trauma, pain, depression, anxiety, insomnia and more.
- **Lymphatic Drainage Massage** - uses a very light touch that mimics the body's natural lymphatic pump. Helps remove toxins, reduced swelling (lymphedema)
- **Massage** - (Swedish, Neuromuscular) - immune support, relaxation, pain relief, decreases stress, lowers heart rate/blood pressure, improves circulation.
- **Naturopathic Medicine** - whole person, cause based approach to health care with natural therapies (stress management, botanical medicine, homeopathy, nutrition, Chinese Medicine)
- **Qigong** - is a Chinese method that combines soft body movements with mental concentration and breathing to increase human energy.
- **Reiki** - relaxation, pain relief, mood improvement, increase sense of well-being and positive attitude.
- **Reflexology** - encourages release of toxins, increases sense of harmony.
- **Regrowth** – Short hair that grows in after chemotherapy ends.
- **Tai chi** - is a type of Chinese physical exercise in which you make slow, controlled movements to decrease stress and improve mood.
- **Yoga** - more resilience to disease, strength, flexibility, relaxation, and connection to one's body.

ADDITIONAL RESOURCES

- Breast Cancer Freebies www.breastcancerfreebies.com
- *All of Us* Research Program www.joinallofus.org/northcolorado
- The Amazing Grace Organization www.amazinggracenfp.org
- Bags of Hope www.bagsofhope.live 205-292-9397
- Camp Kesem <https://www.kesem.org/programs-services/camp-kesem>
- Cleaning for a Reason <https://cleaningforareason.org/> info@cleaningforareason.org
- Domus Pacis <https://www.domuspacis.org/>
- Good Health Will info@goodhealthwill.org 970-624-6002 (Loveland) 970-515-6935 (Greeley)
- Ignite Hope www.ignitehopecandles.org
- Inheritance of Hope www.inheritanceofhope.org 914-213-8435
- Kits to Heart www.kitstoheart.org
- Lasagna Love <https://lasagnalove.org/>
- Live by Living <https://www.livebyliving.org/>

- Luminaries <https://www.luminaries.life/>
- Medicine Horse www.medicinehorse.org 720-406-7630
- Sisters Hope <https://www.sistershope.org/>
- The Breast Cancer Research Foundation www.bcrfcure.org 866-FIND-A-CURE
- The City of Hope Cancer Center www.cityofhope.org 800-260-HOPE
- The American Cancer Society www.cancer.org
- The Susan G Komen Foundation www.komen.org 888-888-3317
- National Cancer Centers www.cancer.gov/cancercenters 800-4-CANCER
- MD Anderson Cancer Center, Houston www.mdanderson.org 800-525-5841
- Memorial Sloan-Kettering Cancer Center, New York www.mskcc.org
- Dana Farber Cancer Institute, Boston www.dfci.harvard.edu 800-525-4669
- Mayo Clinic, Minnesota www.mayoclinic.org
- Concern Foundation www.concernfoundation.org 323-852-9844
- Phil's Friends www.philsfriends.org 224-653-8315
- Cancer and Careers www.cancerandcareers.org www.cancerandcareers.org/espanol
- [Relay for Life](#)
- World Change Coalition www.worldchangecoalition.net 720-805-7225