

**HOPE LIVES! COLLABORATIVE PROFESSIONAL PROVIDER LIST**

*Please note new providers are added frequently therefore please visit our website [www.hopelives.org](http://www.hopelives.org) for the most current list.*

**ALL SERVICES COST ONE VOUCHER (\$50) UNLESS OTHERWISE INDICATED**

**Acupuncture****Acupuncture Center of Northern Colorado 970.493.0025**

2550 Stover St, #F, Fort Collins

[www.acucenternoco.com](http://www.acucenternoco.com)

Contact: Holly Rampone-Gulder, Michelle Hines

**Acupuncture Clinic of Fort Collins 970.657.2932**

1020 Luke St, #C, Fort Collins

[www.acupunctureclinicfortcollins.com](http://www.acupunctureclinicfortcollins.com)

Contact: Emma Goulart

**Balanced Thistle 970.658.5777**

1703 S. College Ave, #301, Fort Collins

[www.balancedthistle.com](http://www.balancedthistle.com)

**Contact:** Dr. Meghan Gray

**Fort Collins Family Acupuncture 970.472.0955**

313 West Drake Rd, Suite #210, Fort Collins

[www.ftcollinsfamilyacupuncture.com](http://www.ftcollinsfamilyacupuncture.com)

Contact: Heidi Golding

Cost = 1<sup>st</sup> visit takes 2 vouchers

**Sage Holistic Health 970.667.7071**

1136 N. Lincoln Ave, Loveland

[www.sageholistichealth.com](http://www.sageholistichealth.com)

Contact : Deidre Koloski, ND, L.Ac

Cost = 1st visit takes 2 vouchers

**Solecki Chiropractic & Acupuncture 970.353.2101**

3624 W 10<sup>th</sup> St, Greeley

[www.soleckichiro.com](http://www.soleckichiro.com)

**Spring Creek Acupuncture****303.585.0019**

1816 S. Whitcomb St, Fort Collins

Contact: Christina LaCroix (former client/survivor)

BOOK HERE: [www.springcreekacupuncture.com](http://www.springcreekacupuncture.com)COST = 1<sup>st</sup> visit takes 2 vouchers**Traditional Chinese Medical Clinic****970.416.0444**

700 West Mountain Ave, Fort Collins

[www.tcmclinic.org](http://www.tcmclinic.org)

Contact: Monique Larsen

Cost = 1<sup>st</sup> visit requires 2 vouchers**Tusken Chiropractic & Acupuncture****970.669.5433**

706 Taft Ave, Loveland

[www.tuskenchiropractic.com](http://www.tuskenchiropractic.com)**Cancer Rehabilitation****UNC Cancer Rehabilitation Institute****970.351.1720**913 19<sup>th</sup> St, Greeley[www.unco.edu/unccri](http://www.unco.edu/unccri)

Services: Enroll in a 3-month Cancer Rehabilitation program. This includes initial assessment and meeting with a trainer 3x/week.

Cost = 6 Vouchers or \$300

**CSU Fitness Therapy for Cancer (FIT)****412.512.2120**

910 Moby Dr, Fort Collins

<https://www.chhs.colostate.edu/hes/outreach-and-engagement/fit-cancer/>Contact: Mary Crisafio, MS, ACSM-CPT, [mary.crisafio@colostate.edu](mailto:mary.crisafio@colostate.edu)

Services: Enroll in an 8 week exercise program including individualized assessments and once-a-week group based exercise classes.

Cost = 2 Vouchers or \$170

**Chiropractic****Copper Heights Chiropractic Muscle & Joint Clinic****970.776.9053**411 E 27<sup>th</sup> St, Loveland[www.copperheightsmjc.com](http://www.copperheightsmjc.com)**Solecki Chiropractic & Acupuncture****970.353.2101**3624 West 10<sup>th</sup> St, Greeley[www.soleckichiro.com](http://www.soleckichiro.com)

**Tusken Chiropractic & Acupuncture****970.669.5433**

706 Taft Ave, Loveland

[www.tuskenchiropractic.com](http://www.tuskenchiropractic.com)**Counseling and Guidance****Freya's Warriors****303.747.5001****Contact:** Christina LaCroix[www.freyaswarriors.com](http://www.freyaswarriors.com)

Service/Cost: 40-minute coaching session = 1 voucher

AND/OR 4 Hour Group Seminar = 2 vouchers

[Freya@FreyasWarriors.com](mailto:Freya@FreyasWarriors.com)**Hypnosis in Northern Colorado****970.313.3253**[www.hypnosisinnortherncolorado.com](http://www.hypnosisinnortherncolorado.com)

2627 Redwing Rd, Fort Collins

**Contact:** Becky Johnson**Services:** 2-hour hypnotherapy session**Natasha Trujillo, PhD, L.P.****307.760.3886**

\*VIRTUAL\*

Contact: Natasha Trujillo

Services: Individuals. Specializes in trauma/grief

Cost = 3 vouchers

**Woman of the Water****970.658.0381**

Contact: Lisa Cheney-Philip

[lisa@womenofthewater.com](mailto:lisa@womenofthewater.com)

Services: Life Coaching, Death Doula Services, Greif Circles, River Guidance

Cost: Contact for pricing

[www.womenofthewater.com](http://www.womenofthewater.com)**Energy Work & Healing Touch****Harmonizing Touch Healing Therapies****970.420.4949**

126 W Harvard St, #5, Fort Collins

[www.harmonizingtouch.com](http://www.harmonizingtouch.com)

Contact : Joanie de la Garza, RN, HTCP, CR

[joandelagarza@comcast.net](mailto:joandelagarza@comcast.net)

Services: Healing Touch, Reflexology, Essential Oils, Wellness

**Innate Wholeness****970.481.4509**

\*VIRTUAL\*

[www.innatewholenesshealing.com](http://www.innatewholenesshealing.com)

Contact: Kristi Joy, HTCP

Services: Healing Touch

**Sole Therapy****970.231.7059**

3938 JFK Pkwy #11C, Fort Collins

[www.sole-therapy.com](http://www.sole-therapy.com)

Contact: Andi Bartholomew

Services: Reflexology, Reiki, and Jin Shin Practitioner

**Hair****Amazing Lash Studio****970.401.7545**

4356 S College Ave, Fort Collins

[www.amazinglashstudio.com](http://www.amazinglashstudio.com)

Contact: Tabitha

Services: Lash Lift eliminates the need for eyelash curlers and lasts up to 6 weeks. You will need some of your natural lashes for the solution to take.

Cost: 2 vouchers for initial application and one fill

**Audrey Catherine, LuxeLocksCo @ Mane Door Salon****970.493.4171**

1635 S. Lemay Ave, Fort Collins

[www.themanedoorsalon.com](http://www.themanedoorsalon.com)

Contact: Audrey Catherine

Services: 0 voucher BUZZ CUT. Wigs vary in pricing; call for appointment.

**Old Town Hair Company****970.407.9730**

325 Cherry St, #114, Fort Collins

[www.oldtownhaircompany.com](http://www.oldtownhaircompany.com)

Contact: Sally Weiss

Services: 0 voucher BUZZ CUT. Wigs vary in pricing; call for appointment.

**Salon One Ten****970.599.4398**

Contact: Kali Johnson

[www.Vagaro.com/salononetten1](http://www.Vagaro.com/salononetten1)

3491 E Harmony Rd, Fort Collins

Services: 1 voucher re-growth haircut.

## **Home Services**

### **Quality Cleaning**

**970.624.9221**

Contact: Maritza

Services: 2-hour cleaning, including cleaning products. Serves ALL of NoCo.

Cost = 2 vouchers

### **Kay Schranz**

Contact: [kay5396@gmail.com](mailto:kay5396@gmail.com)

Services: Volunteer will help with household tasks such as laundry, light housekeeping, errands, groceries, prescriptions, yard work, childcare, transportation, etc.

Cost = 0 vouchers. Her service is free of charge.

## **Lymphatic Drainage Massage Therapy**

### **A Touch of Compassion**

**970.400.7235**

809 30th Ave, #3, Greeley

[www.atochofcompassion.abmp.com](http://www.atochofcompassion.abmp.com)

Contact: Diana Romick, LMT, CMLDT Services: Trauma Touch Therapy, Oncology Massage, Lymphatic Drainage Massage

### **Balanced Thistle**

**970.658.5777**

1703 S. College Ave, #301, Fort Collins

[www.balancedthistle.com](http://www.balancedthistle.com)

Contact : Dr. Meghan Gray

Services : Lymphatic Drainage Massage, Acupuncture, Yoni Steaming

### **Lymphworks, LLC**

**970.222.9421**

1113 Stoney Hill Dr, # A, Fort Collins

[www.fortcollinslymph-massage.com](http://www.fortcollinslymph-massage.com)

Contact: Carol McDaniel, CMT

Services: Lymphatic Drainage Therapy, Manual Lymph Drainage, Online Scheduling

### **The Tranquil Spa**

**970.689.9811**

1752 Topaz Drive, Loveland 80537

[www.christycoberly.amtamembers.com](http://www.christycoberly.amtamembers.com)

Contact: Christy Coberly, LMT

Services: Massage, Medical Massage, Lymph Drainage

## **Massage**

**Estes Park Massage****970.586.4575**

Contact: Becky Martin

517 Big Thompson Ave b, Estes Park

[www.estesparkmassagetherapy.com](http://www.estesparkmassagetherapy.com)Services: 45-minute custom *Hope Lives!* massage**Sage Holistic Health****970.667.7071**

1136 N. Lincoln Ave, Loveland

[www.sageholistichealth.com](http://www.sageholistichealth.com)

Contact : Lisa Smuin, LMT

**Xanadu Med Spa****970.482.1889**

2244 E Harmony Rd, #100, Fort Collins

[www.xanadumedspa.com](http://www.xanadumedspa.com)**Naturopathic Medicine****Sage Holistic Health****970.667.7071**

1136 N. Lincoln Ave, Loveland

[www.sageholistichealth.com](http://www.sageholistichealth.com)

Contact: Deidre Koloski, ND, L.Ac &amp; Kathryn Plummer, ND

Services: Homeopathy, Nutrition Physical Medicine, Stress Management

Cost = 1<sup>st</sup> visit takes 2 vouchers**Physical Therapy****Adams & Giddings Physical Therapy****970.416.8342**

702 W. Drake Rd, Bldg. E., # A, Ft. Collins

Contact: Sara Tullius, MPT

Services: Physical Therapy for Cancer Symptoms Management

**Skin Care****Grow to be Great****970.481.8066**[www.deanne.mulvihill.arbonne.com](http://www.deanne.mulvihill.arbonne.com)

Contact: Deanne Mulvihill

Services: Skin care, body care, make-up, hair care and nutritional products.

**Glowing Skin****970.342.9099**

3106 Eisenhower Blvd, Loveland

[www.skincareloveland.com](http://www.skincareloveland.com)

Contact: Carly Vittorio

Services: Custom Facial, Eminence Products (Organic/Botanical Skin Care)

**Xanadu Med Spa****970.482.1889**

2244 E Harmony Rd, #100

<http://www.xanadumedspa.com>

Services: Clinical Oncology Esthetics – Facials and Hand/Foot/Scalp Treatments, Microblading

**Yoga, Barre, Tai Chi and Qigong****Grace Yoga****970.646.2022**

4520 N. Garfield Ave, Loveland

[www.lovegraceyoga.com](http://www.lovegraceyoga.com)

Contact : Nicole Murphy

Services : 7 group yoga classes (*expires 3 months from purchase*), 2 private yoga classes (*expires 30 days from purchase*), 2 Yamuna Face Sculpting Sessions (*expires 30 days from purchase*), 3 Infrared Sessions : Biomat or Infrared Sauna (*expires 30 days from purchase*), 1 hour Energy Healing, 1 hour essential oil consultation plus custom blend to take home, 90 min massage with sound healing, 90 min private cacao immersion.Cost: Each service costs 1 voucher.**Grace and Power Fitness****970.786.0604**

645 N Denver Ave, Loveland

[www.graceandpowerfitness.com](http://www.graceandpowerfitness.com)

Contact: Becka Repp

Services : 5 group Barre classes

**Marie Dotts, T'ai Chi****970.412.9955**[mcdotts@hotmail.com](mailto:mcdotts@hotmail.com)[www.flowingfromcenter.com](http://www.flowingfromcenter.com)

Services: 8-class series of beginner classes or 2 private sessions. Classes are in Loveland at the Mountain Presbyterian Church

## **Retail**

### **Good Day Breast Care Center @ Good Day Pharmacy 970.224.1212**

Fort Collins: Spring Creek Medical Park 2001 S. Shields

Contact: Heather Robinson

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

Cost = Up 4 vouchers towards the purchase of products

### **Columbine Medical Equipment 970.221.1453**

802 West Drake, #101, Fort Collins

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

Cost = Up to 4 vouchers towards the purchase of products

### **Hearne's Footwear and Clothing 970.244.4653**

15 Old Towne Square, Fort Collins

[www.hearnesfootwearandclothing.com](http://www.hearnesfootwearandclothing.com)

Contact: Maia Baccari

Services : \$50 per voucher towards any pair of shoes or accessories. No cash back.

### **RCC Medical Supply 970.356.9078**

3109 35<sup>th</sup> Ave, Greeley

Contact: Amy Ledford

Services: Mastectomy supplies: bras, silicone mastectomy forms, foam mastectomy forms, post-op camisoles; lymphedema sleeve, lymphedema gauntlet, lymphedema glove, compression bras, swimsuits, and headwear.

Cost: Up 4 vouchers towards the purchase of products.

### **Knitted Knockers 970.402.5330**

Contact: Deanna Krausse

Services: Knitted Knockers are special handmade breast prosthesis for those who have undergone mastectomies or other procedures to the breast. Traditional breast prosthetics are usually expensive, heavy, sweaty and uncomfortable.

COST = 0 vouchers

Can also be picked up at the *Hope Lives!* office (supply varies, by appointment only)



**Somebunny**

E-mail contact preferred: [hannah@somebunnyawesome.com](mailto:hannah@somebunnyawesome.com)

Contact: Hannah Hopkins Walton

Services: Provides shirts and pillows for post-surgery recovery. Somebunny post op shirts are soft, open in the front for easy wear and have pockets on the inside to hold your drains, helping you feel comfortable and confident. Our Somebunny hug pillow is crucial after lumpectomy, mastectomy and reconstruction surgery. The hug pillow is long and rectangular shaped. While the front safeguards your chest, the sides hold your arms out comfortably, so they don't rest too closely to your tender skin or any area of your arm where lymph nodes were removed.

Cost = 0 vouchers for mastectomy shirt and waterproof drain pouch. 1 voucher for handmade mastectomy pillow.

**Wigs****Audrey Catherine- LuxeLocksCo. (@ Mane Door Salon) 970.493.4171**

1635 S. Lemay Ave, Fort Collins

Contact: Nancee Testa

Services: FREE consultation and cuts/styling for the life of your wig. Please call to schedule an appointment

Cost = Up to 5 vouchers towards the purchase of a Mane Door Salon wig (*equivalent of \$250 discount on full-price wig*).

**Old Town Hair Company****970.407.9730**

325 Cherry St, #114, Fort Collins

[www.oldtownhaircompany.com](http://www.oldtownhaircompany.com)

Contact: Sally Weiss

Services: **Discount and cleaning care kit. Please call to schedule an appointment**

Cost = **Use up to 6 vouchers towards the purchase of a wig (*equivalent to \$300 towards the purchase of a wig*)**.

**American Cancer Society Greeley Wig Program****970.356.9727 #3**

8221 W. 20<sup>th</sup> St, #A, Greeley

Services: Brand-new wigs and head coverings to cancer patients experiencing hair loss because of treatment.

Cost = 0 vouchers. Their products/services are free of charge.

## **GLOSSARY OF SERVICES**

- **Acupuncture** – alleviates symptoms such as: nausea, vomiting, fatigue, and those associated with menopause, as well as assisting with pain management
- **Barre** - class involving intense isometric movements that are sequenced in a way to elongate and lean out your muscles. Modifications are introduced based on physical capabilities.
- **Chiropractic** - immune support, increases energy/comfort, relaxation, stress relief
- **Counseling** - (individual, couple, family) – increase effective communication, decrease stress/dysfunction
- **Hair and Wig Care** - support for the process of hair loss and regrowth
- **Home Help** - (cleaning, errands, meal prep, transportation, personal care) – decrease stress, more time for healing and recovery
- **Healing Touch** - faster surgical healing, decreases post -op circulatory/respiratory complications, mental/emotional healing, healing affirmations
- **Hypnotherapy** - a method to help treat virtually any psychological or behavioral health issue such as trauma, pain, depression, anxiety, insomnia and more.
- **Lymphatic Drainage Massage** - uses a very light touch that mimics the body's natural lymphatic pump. Helps remove toxins, reduced swelling (lymphedema)
- **Massage** - (Swedish, Neuromuscular) - immune support, relaxation, pain relief, decreases stress, lowers heart rate/blood pressure, improves circulation
  
- **Naturopathic Medicine** - whole person, cause based approach to health care with natural therapies (stress management, botanical medicine, homeopathy, nutrition, Chinese Medicine)
- **Qigong** - is a Chinese method that combines soft body movements with mental concentration and breathing to increase human energy
- **Reiki** - relaxation, pain relief, mood improvement, increase sense of well-being and positive attitude
- **Reflexology** - encourages release of toxins, increases sense of harmony
- **Regrowth** – Short hair that grows in after chemotherapy ends.
- **Tai chi** - is a type of Chinese physical exercise in which you make slow, controlled movements to decrease stress and improve mood
- **Yoga** - more resilience to disease, strength, flexibility, relaxation and connection to one's body