

HOPE LIVES! COLLABORATIVE PROFESSIONAL PROVIDER LIST

Please note new providers are added frequently therefore please visit our website www.hopelives.org for the most current list.

Acupuncture

Acupuncture Center of Northern Colorado **970.493.0025**

2550 Stover St, #F, Fort Collins

www.acucenternoco.com

Contact: Holly Rampone-Gulder, Michelle Hines

Acupuncture Clinic of Fort Collins **970.657.2932**

1020 Luke St, #C, Fort Collins

www.acupunctureclinicfortcollins.com

Contact: Emma Goulart

Balanced Thistle **970.658.5777**

1703 S. College Ave, #301, Fort Collins

www.balancedthistle.com

Contact: Dr. Meghan Gray

Fort Collins Family Acupuncture (1st visit takes 2 vouchers) **970.472.0955**

313 West Drake Rd, Suite #210, Fort Collins

www.ftcollinsfamilyacupuncture.com

Contact: Heidi Golding

Sage Holistic Health (1st visit takes 2 vouchers) **970.667.7071**

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com

Contact: Deidre Koloski, ND, L.Ac

Solecki Chiropractic & Acupuncture **970.353.2101**

3624 W 10th St, Greeley

www.soleckichiro.com

Traditional Chinese Medical Clinic (1st visit takes 2 vouchers) **970.416.0444**

700 West Mountain Ave, Fort Collins

www.tcmclinic.org

Contact : Monique Larsen

Tusken Chiropractic & Acupuncture**970.669.5433**

706 Taft Ave, Loveland

www.tuskenchiropractic.com**Cancer Rehabilitation****UNC Cancer Rehabilitation Institute****970.351.1720**913 19th St, Greeleywww.unco.edu/unccri**Services:** Enroll in a 3-month Cancer Rehabilitation program. This includes initial assessment and meeting with a trainer 3x/week.**Cost = 6 Vouchers****Chiropractic****Copper Heights Chiropractic Muscle & Joint Clinic****970.776.9053**411 E 27th St, Lovelandwww.copperheightsmjc.com**Solecki Chiropractic & Acupuncture****970.353.2101**3624 West 10th St, Greeleywww.soleckichiro.com**Tusken Chiropractic & Acupuncture****970.669.5433**

706 Taft Ave, Loveland

www.tuskenchiropractic.com**Counseling and Guidance****Color Studio Colorado**www.colorstudiocolorado.com

*Visit website for booking and location details

Contact: Shannon Kruse**Services:** A color analysis designed to discover your best colors. You will leave with a ColorBook of your season's colors, photos of you in your power colors, and suggested lipstick colors personalized to you.**Cost:** 2 vouchers for 2-hour style session, 1 voucher for 3 custom lipsticks (*optional*)

Hypnosis in Northern Colorado**970.313.3253**www.hypnosisinnortherncolorado.com

2627 Redwing Rd, Fort Collins

Contact: Becky Johnson**Services:** 2-hour hypnotherapy session**Natasha Trujillo, PhD, L.P.****307.760.3886**

VIRTUAL

Contact: Natasha Trujillo**Services:** Individuals. Specializes in trauma/grief**Cost = 3 vouchers****Energy Work & Healing Touch****Harmonizing Touch Healing Therapies****970.420.4949**

126 W Harvard St, #5, Fort Collins

www.harmonizingtouch.com**Contact :** Joanie de la Garza, RN, HTCP, CR

joandelagarza@comcast.net

Services: Healing Touch, Reflexology, Essential Oils, Wellness**Innate Wholeness****970.481.4509**

VIRTUAL

www.innatewholenesshealing.com**Contact:** Kristi Joy, HTCP**Services:** Healing Touch**Sole Therapy****970.231.7059**

3938 JFK Pkwy #11C, Fort Collins

www.sole-therapy.com**Contact:** Andi Bartholomew**Services:** Reflexology, Reiki, and Jin Shin Practitioner**Hair****Audrey Catherine, LuxeLocksCo @ Mane Door Salon****970.493.4171**

1635 S. Lemay Ave, Fort Collins

www.themanedoorsalon.com**Contact:** Audrey Catherine**Services:** The Mane Door Salon will give a FREE BUZZ CUT to current Hope Lives clients. Please call to schedule an appointment

Old Town Hair Company**970.407.9730**

325 Cherry St, #114, Fort Collins

www.oldtownhaircompany.com**Contact:** Sally Weiss**Services:** Old Town Hair will give a FREE BUZZ CUT to current Hope Lives clients

Please call to schedule an appointment

Home Services**Merry Maids (*requires 2 vouchers*)****970.372.2450**

161 E Saturn Dr, Fort Collins

www.merrymaids.com**Services:** 1.5 hour of cleaning, including cleaning products**(does not serve Greeley area)***Quality Cleaning (*requires 2 vouchers*)****970.624.9221****Contact:** Maritza**Services:** 2-hour cleaning, including cleaning products.**(serves **ALL** of Northern Colorado including Greeley)***Lymphatic Drainage Massage Therapy****Balanced Thistle****970.658.5777**

1703 S. College Ave, #301, Fort Collins

www.balancedthistle.com**Contact :** Dr. Meghan Gray**Services :** Lymphatic Drainage Massage, Acupuncture, Yoni Steaming**Lymphworks, LLC****970.222.9421**

1113 Stoney Hill Dr, # A, Fort Collins

www.fortcollinslymph-massage.com**Contact:** Carol McDaniel, CMT**Services:** Lymphatic Drainage Therapy, Manual Lymph Drainage, Online Scheduling**The Tranquil Spa****970.689.9811**

1752 Topaz Drive, Loveland 80537

www.christycoberly.amtamembers.com**Contact:** Christy Coberly, LMT**Services:** Massage, Medical Massage, Lymph Drainage

Massage

Sage Holistic Health**970.667.7071**

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com**Contact :** Lisa Smuin, LMT**Xanadu Med Spa****970.482.1889**

2244 E Harmony Rd, #100, Fort Collins

www.xanadumedspa.com

Naturopathic Medicine

Sage Holistic Health (1st visit takes 2 vouchers)**970.667.7071**

1136 N. Lincoln Ave, Loveland

www.sageholistichealth.com**Contact:** Deidre Koloski, ND, L.Ac & Kathryn Plummer, ND**Services:** Homeopathy, Nutrition Physical Medicine, Stress Management

Physical Therapy

Adams & Giddings Physical Therapy**970.416.8342**

702 W. Drake Rd, Bldg. E., # A, Ft. Collins

Contact: Sara Tullius, MPT**Services:** Physical Therapy for Cancer Symptoms Management

Skin Care

Grow to be Great**970.481.8066**www.deanne.mulvihill.arbonne.com**Contact:** Deanne Mulvihill**Services:** Skin care, body care, make-up, hair care and nutritional products.**Glowing Skin****970.342.9099**

3106 Eisenhower Blvd, Loveland

www.skincareloveland.com**Contact:** Carly Vittorio**Services:** Custom Facial, Eminence Products (Organic/Botanical Skin Care)

Xanadu Med Spa**970.482.1889**

2244 E Harmony Rd, #100

<http://www.xanadumedspa.com>**Services:** Clinical Oncology Esthetics – Facials and Hand/Foot/Scalp Treatments**Yoga, Barre, Tai Chi and Qigong****Grace Yoga****970.646.2022**

4520 N. Garfield Ave, Loveland

www.lovegraceyoga.com**Contact :** Nicole Murphy**Services :** 7 group yoga classes (*expires 3 months from purchase*), 2 private yoga classes (*expires 30 days from purchase*), 2 Yamuna Face Sculpting Sessions (*expires 30 days from purchase*), 3 Infrared Sessions : Biomat or Infrared Sauna (*expires 30 days from purchase*), 1 hour Energy Healing, 1 hour essential oil consultation plus custom blend to take home, 90 min massage with sound healing, 90 min private cacao immersion. **Each service costs 1 voucher.****Grace and Power Fitness****970.786.0604**

645 N Denver Ave, Loveland

www.graceandpowerfitness.com**Contact:** Becka Repp**Services :** 5 group Barre classes**Marie Dotts, T'ai Chi****970.412.9955**mcdotts@hotmail.comwww.flowingfromcenter.com**Services:** 8-class series of beginner classes or 2 private sessions. Classes are in Loveland at the Mountain Presbyterian Church**Mastectomy & Augmentation Supplies****Good Day Breast Care Center at Good Day Pharmacy****970.224.1212****Eaton:** 180 S. Elm **Greeley:** 1900 16th St **Johnstown:** 201 Johnstown Center Dr**Fort Collins:** Spring Creek Medical Park 2001 S. Shields**Contact:** Heather Robinson**Services:** Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel. **Can use up to 4 vouchers towards the purchase of products**

Columbine Medical Equipment**970.221.1453**

802 West Drake, #101, Fort Collins

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel. **Can use up to 4 vouchers towards the purchase of products**

RCC Medical Supply3109 35th Ave, Greeley**Contact: Amy Ledford**

Services: Mastectomy supplies: bras, silicone mastectomy forms, foam mastectomy forms, post-op camisoles; lymphedema sleeve, lymphedema gauntlet, lymphedema glove, compression bras, swimsuits, and headwear. **Can use up to 4 vouchers towards the purchase of products.**

Knitted Knockers**970.402.5330**

Physical Therapy and Rehabilitation Services Harmony

2121 E Harmony Rd, Ste 150, Fort Collins

Contact: Deanna Krausse

Services: Knitted Knockers are special handmade breast prosthesis for women, **free of charge**, who have undergone mastectomies or other procedures to the breast. Traditional breast prosthetics are usually expensive, heavy, sweaty and uncomfortable. **FREE – NO VOUCHERS NECESSARY, can also be picked up at the *Hope Lives!* office (supply varies)**

Somebunny**E-mail contact preferred:** hannah@somebunnyawesome.com**Contact:** Hannah Hopkins Walton

Services: Provides shirts and pillows for post-surgery recovery. Somebunny post op shirts are soft, open in the front for easy wear and have pockets on the inside to hold your drains, helping you feel comfortable and confident. Our Somebunny hug pillow is crucial after lumpectomy, mastectomy and reconstruction surgery. The hug pillow is long and rectangular shaped. While the front safeguards your chest, the sides hold your arms out comfortably, so they don't rest too closely to your tender skin or any area of your arm where lymph nodes were removed. **1-2 vouchers.**

Wigs**Audrey Catherine- LuxeLocksCo. (@ Mane Door Salon)****970.493.4171**

1635 S. Lemay Ave, Fort Collins

Contact: Nancee Testa

Services: Use **up to 5** vouchers towards the purchase of a Mane Door Salon wig (equivalent of \$250 discount on full-price wig). You will also receive a FREE consultation and cuts/styling for the life of your wig. Please call to schedule an appointment

Old Town Hair Company

970.407.9730

325 Cherry St, #114, Fort Collins

www.oldtownhaircompany.com

Contact: Sally Weiss

Services: Use **up to 6 vouchers** towards the purchase of a wig (equivalent to \$300 towards the purchase of a wig). The purchase includes a wig cleaning care kit. Please call to schedule an appointment

GLOSSARY OF SERVICES

- **Acupuncture** – alleviates symptoms such as: nausea, vomiting, fatigue, and those associated with menopause, as well as assisting with pain management
- **Barre** - class involving intense isometric movements that are sequenced in a way to elongate and lean out your muscles. Modifications are introduced based on physical capabilities.
- **Chiropractic** - immune support, increases energy/comfort, relaxation, stress relief
- **Color Styling** - a science-based tool designed to help figure out the colors that are in synergy with skin undertone, eye color, and natural hair color. The purpose of color analysis is to find harmony between ourselves and the colors we wear.
- **Counseling** - (individual, couple, family) – increase effective communication, decrease stress/dysfunction
- **Hair and Wig Care** - support for the process of hair loss and regrowth
- **Home Help** - (cleaning, errands, meal prep, transportation, personal care) – decrease stress, more time for healing and recovery
- **Healing Touch** - faster surgical healing, decreases post -op circulatory/respiratory complications, mental/emotional healing, healing affirmations
- **Hypnotherapy** - a method to help treat virtually any psychological or behavioral health issue such as trauma, pain, depression, anxiety, insomnia and more.
- **Lymphatic Drainage Massage** - uses a very light touch that mimics the body's natural lymphatic pump. Helps remove toxins, reduced swelling (lymphedema)
- **Massage** - (Swedish, Neuromuscular) - immune support, relaxation, pain relief, decreases stress, lowers heart rate/blood pressure, improves circulation

- **Naturopathic Medicine** - whole person, cause based approach to health care with natural therapies (stress management, botanical medicine, homeopathy, nutrition, Chinese Medicine)
- **Qigong** - is a Chinese method that combines soft body movements with mental concentration and breathing to increase human energy
- **Reiki** - relaxation, pain relief, mood improvement, increase sense of well-being and positive attitude
- **Reflexology** - encourages release of toxins, increases sense of harmony
- **Tai chi** - is a type of Chinese physical exercise in which you make slow, controlled movements to decrease stress and improve mood
- **Yoga** - more resilience to disease, strength, flexibility, relaxation and connection to one's body