



# HOPE LIVES!

The Lydia Dody Breast Cancer Support Center

## PROFESSIONAL PROVIDER LIST

*List is modified frequently: check our website [www.hopelives.org](http://www.hopelives.org) for current offerings.*

**ALL SERVICES "COST" ONE VOUCHER UNLESS OTHERWISE INDICATED**

### **A Better Day Cleaning & Concierge**

**970.397.7932**

[www.TheBetterDayWay.com](http://www.TheBetterDayWay.com)

Contact: Desireé Landt [info@thebetterdayway.com](mailto:info@thebetterdayway.com)

Services: 3 hours of cleaning (*2 vouchers*), serving Loveland, Berthoud, Fort Collins, Windsor, Timnath, Greeley and surrounding areas. Call, email or book online. Include HOPE LIVES in the comment section.

### **Acupuncture Center of Northern Colorado**

**970.493.0025**

2550 Stover St, #F, Fort Collins

[www.acucenternoco.com](http://www.acucenternoco.com)

Contact: Holly Rampone-Gulder, Michelle Hines

### **American Cancer Society**

**800.227.2345**

<https://www.cancer.org/support-programs-and-services/resource-search.html>

Services: 24/7 cancer helpline, educational materials, housing during treatment, rides to treatment, connecting survivors, support, hair-loss and mastectomy products, caregiver support, clinical trials.

*No vouchers required.*

### **Balanced Thistle**

**970.658.5777**

1703 S. College Ave, #301, Fort Collins

[www.balancedthistle.com](http://www.balancedthistle.com)

Contact: Dr. Meghan Gray

Services: Acupuncture, Lymphatic Drainage Massage, Yoni Steaming

### **Columbine Medical Equipment**

**970.221.1453**

802 West Drake, #101, Fort Collins

Services: Pre-surgery consultation offers product options and info to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

*Can use up to 4 vouchers (\$200) for the purchase of products.*

**Classical Beauty Spa****970.980.6168**2004 W 15<sup>th</sup> St, Unit 3, Loveland[www.classicalbeautyspa.com](http://www.classicalbeautyspa.com)

Contact: Lenina Olivas

Services: Powder Brow Permanent Makeup (*5 Vouchers*), Reflexology**CSU Fitness Therapy for Cancer (FIT)****412.512.2120**

910 Moby Dr, Fort Collins

<https://www.chhs.colostate.edu/hes/outreach-and-engagement/fit-cancer/>Contact: Mary Crisafio, MS, ACSM-CPT, [mary.crisafio@colostate.edu](mailto:mary.crisafio@colostate.edu)Services: Enroll in an 8-week exercise program including individualized assessments and once-a-week group-based exercise classes. *2 Vouchers or \$170***Elevated Nutrition & Wellness****423.258.2706**

2707 W. Eisenhower Blvd, Ste 8, Loveland

<https://www.elevatedwithjess.com/>

Contact: Jess Whitmill

Services: Mind Body Spirit Release Session (Basic), 30min Nutrition Consultation, 20% lifetime discount on all services (CODE: HOPELIVES), 20% discount on supplements

**Embodied Wholeness****970.408.0820**

824 Mathews St, Fort Collins

[www.embodiedwholeness.org](http://www.embodiedwholeness.org)Contact: Jeff Pufnock, Ph.D. L.Ac, Jessa Youngs L.Ac FAE [hello@embodiedwholeness.org](mailto:hello@embodiedwholeness.org)

Services: 60-Minute Acupuncture

**Emerge Radiant****720.320.0526**[www.emergeradiant.com](http://www.emergeradiant.com)

IG : @lyndseefrankel

Services: 3D realistic nipple & areola tattoos and scar mitigation for anyone in need. Consultations are recommended but not necessary. Must be 4-6 months from last breast surgery and 6 months from cancer treatment. *No vouchers required.***Estes Park Massage****970.586.4575**

517 Big Thompson Ave b, Estes Park

[www.estesparkmassagetherapy.com](http://www.estesparkmassagetherapy.com)

Contact: Becky Martin

Services: 45-minute custom *Hope Lives!* massage

**European Beauty Care****303.720.3807**441 E 4<sup>th</sup> St, Unit 102, Loveland[www.oanatruca.com](http://www.oanatruca.com)

Contact: Oana Truca

Services: Full set lash extensions (*2 vouchers*), refill classic lashes, brows design (brow shaping & tint) + 1 maintenance brow tint, lash lift + tint, lash refill classic + lip wax.**Flowing from Center****970.412.9955**

Classes are in Loveland at the Mountain Presbyterian Church

[www.flowingfromcenter.com](http://www.flowingfromcenter.com)Contact : Marie Dotts, [mcdotts@hotmail.com](mailto:mcdotts@hotmail.com)

Services : 1.5-hour private T'ai Chi session

**Freya's Warriors****303.747.5001**[www.freyaswarriors.com](http://www.freyaswarriors.com)Contact : Christina LaCroix (former client/Survivor), [freya@freyaswarriors.com](mailto:freya@freyaswarriors.com)Services : Group Coaching Seminar (*2 vouchers*), Freya's Warriors Session**Glowing Skin****970.342.9099**

3106 Eisenhower Blvd, Loveland

[www.skincareloveland.com](http://www.skincareloveland.com)

Contact: Carly Vittorio

Services: Custom Facial, Eminence Products (Organic/Botanical Skin Care).

*Cost varies by product selection; call for pricing.***Good Day Breast Care Center @ Good Day Pharmacy****970.224.1212**

Fort Collins: Spring Creek Medical Park 2001 S. Shields

Contact: Heather Robinson

Services: Pre-surgery consultation offers product options and information to aid in healing, including post-surgery bras, camisoles, compression tops, and foam forms. Post-surgery consultations offer state of the art bras and forms, fashionable scarves, hats, and other apparel.

*Use up to 4 vouchers (\$200) towards the purchase of products.***Grace and Power Fitness****970.786.0604**

645 N Denver Ave, Loveland

[www.graceandpowerfitness.com](http://www.graceandpowerfitness.com)

Contact: Becka Repp

Services: 5 group Barre classes

**Grace Yoga****970.646.2022**

4520 N. Garfield Ave, Loveland

[www.lovegraceyoga.com](http://www.lovegraceyoga.com)Contact: Nicole Murphy [graceyoga@live.com](mailto:graceyoga@live.com)

Services: 7 group yoga classes, 2 private yoga classes, 2 Yamuna Face Sculpting Sessions, 3 Infrared Sessions, Biomat or Infrared Sauna, 1 hour Energy Healing, 1-hour essential oil consultation plus custom blend to take home, 90 min massage with sound healing, 90 min private cacao immersion.

**Grow to be Great (Arbonne)****970.481.8066**[www.deannemulvihill.arbonne.com](http://www.deannemulvihill.arbonne.com)Contact: Deanne Mulvihill [growtobegreat4@gmail.com](mailto:growtobegreat4@gmail.com)

Services: Arbonne skin care, body care, make-up, hair care and nutritional products.

*25% off all products. Each voucher worth \$50 towards product cost. Hope Lives Graduates 25% lifetime discount.*

**Harmonizing Touch Healing Therapies****970.420.4949**

126 W Harvard St, #5, Fort Collins

[www.harmonizingtouch.com](http://www.harmonizingtouch.com)Contact : Joanie de la Garza, RN, HTCP, CR, [joandelagarza@comcast.net](mailto:joandelagarza@comcast.net)

Services: 1-Hour Healing Touch/Reiki

**Hearne's Footwear and Clothing****970.244.4653**

15 Old Towne Square, Fort Collins

[www.hearnesfootwearandclothing.com](http://www.hearnesfootwearandclothing.com)

Contact: Maia Baccari

Services: \$50 cash value per voucher for any pair of shoes or accessories.

**Hugh Castor Acupuncture****970.215.7419**

1304 S. College, #7, Fort Collins

[www.hughscupuncture.com](http://www.hughscupuncture.com)Contact: Hugh Castor, [hughcastor@hotmail.com](mailto:hughcastor@hotmail.com)

Services: 60-minute acupuncture

**HK Higher Knowing****970.214.1846**[www.hkhigherknowing.com](http://www.hkhigherknowing.com)Contact : Erin Doty, [erindoty@hkhigherknowing.com](mailto:erindoty@hkhigherknowing.com)

Services: Gemstone Energy Balancing - Laying-on-of-gemstones session 1:1 to optimize and increase energy, well-being, and clarity. Customized session to balance and cleanse the seven major chakras, energy vortices of the body to transform energy blockages to healing. Take home a 20-

minute energy medicine and self-awareness practice to feel balanced, energized, and increase your innate healing power. 1 hour and 15 minutes for 1:1 (*2 vouchers*)  
*Call for special Hope Lives pricing on Fascia Yoga & Meditation, Grief Support, Energy Balancing and more!*

### **Hypnosis in Northern Colorado**

**970.313.3253**

[www.hypnosisinnoco.com](http://www.hypnosisinnoco.com)

2627 Redwing Rd, Fort Collins

**Contact:** Becky Johnson

**Services:** 2-hour hypnotherapy session

### **Indigo Sun**

**970.213.6331**

631 Birch St, Unit D, Windsor

[www.indigosunacupuncture.com](http://www.indigosunacupuncture.com)

**Contact:** Ellen Williams, L.Ac., MS OTR

[indigoacupuncture@comcast.net](mailto:indigoacupuncture@comcast.net)

**Services:** Acupuncture, Cupping, Tui Na, Moxibustion, 10% lifetime discount on services

### **Knitted Knockers**

**970.213.6331**

Contact: Deanna Krause

Services: Knitted Knockers are special handmade breast prosthesis for those who have undergone mastectomies or other procedures to the breast. Traditional breast prosthetics are usually expensive, heavy, sweaty and uncomfortable. *No vouchers required.*

### **Lana Gallagher Massage**

**970.213.6392**

4545 Wheaton Drive, B210 Fort Collins, CO 80525

[www.lkgallagher.massagetherapy.com](http://www.lkgallagher.massagetherapy.com)

[LKGallagher81@gmail.com](mailto:LKGallagher81@gmail.com)

Services: 60-Minute Massage (Swedish, Deep Tissue, Sports, Manual Lymphatic Drainage, Trigger Point)

### **LymphWorks, LLC**

**970.222.9421**

1113 Stoney Hill Dr, # A, Fort Collins

[www.fortcollinslymph-massage.com](http://www.fortcollinslymph-massage.com)

Contact: Carol McDaniel CMT

Services: Lymphatic Drainage Therapy, Manual Lymph Drainage, Oncology Safe Facial

*One 45-minute session or One 30-min Oncology Facial*

### **Malama Massage & Bodywork**

**720.320.7789**

[www.malamamandb.com](http://www.malamamandb.com)

Contact : Gina Michelle, LMT, CHDP, [aquamalama@gmail.com](mailto:aquamalama@gmail.com)

Services: Healing dance aquatic bodywork, temple lomi lomi, integrated massage

**Mary Kay**

Contact: Alisa Rindels

**308.220.8543**[www.marykay.com/arindels](http://www.marykay.com/arindels)

Complimentary skin care session, free samples, 25% off with voucher, 10% off without voucher, discounts to fit within \$50 voucher limits.

**Natasha Trujillo, PhD, L.P.****307.760.3886**

\*VIRTUAL\*

Contact: Natasha Trujillo

Services: Specializes in trauma/grief counseling. *3 vouchers/\$150 per session***Old Town Hair Company****970.407.9730**

325 Cherry St, #114, Fort Collins

[www.oldtownhaircompany.com](http://www.oldtownhaircompany.com)Contact: Sally Weiss [oldtownhair@gmail.com](mailto:oldtownhair@gmail.com)*Can use up to 6 vouchers towards the purchase of a wig (equivalent to \$300). Appointment only.***Orange Moon Massage & Holistic Healing****970. 388.0605**

907 30th Ave, #101 Greeley

[www.orangemoonhealing.com](http://www.orangemoonhealing.com)Contact: Areina Naranjo [orangemoon.holistic@gmail.com](mailto:orangemoon.holistic@gmail.com)

Services: Full Body, Deep Tissue, Lomi Lomi, Chair, Lymphatic Drainage, Head/Face/Neck & Pain-Relieving Foot Massages. Book online with code: *Hopelives*.

**Proper Canna Naturals****970.556.6834**

2649 E Mulberry St, Unit 9, Fort Collins

<https://propercannanaturals.com/>[info@propercannanaturals.com](mailto:info@propercannanaturals.com)*Discount code HOPE LIVES for 25% off products***Quality Cleaning****970.624.9221**

Contact: Maritza

Services: 2-hour cleaning, including cleaning products (*2 vouchers*). Serves ALL NoCo.**RCC Medical Supply****970.356.9078**3109 35<sup>th</sup> Ave, Greeley

Contact: Amy Ledford

Services: Mastectomy bras, silicone/foam forms, post-op camisoles; lymphedema sleeve/gauntlet/glove, compression bras, swimsuits, wigs and headwear. *Use Up 4 vouchers towards the purchase of products.*

**Replenish Nutrition****970.400.1866**

In person or virtual coaching

[www.replenishnutrition.org](http://www.replenishnutrition.org)Contact: Megan Salazar, [megan@replenishnutrition.org](mailto:megan@replenishnutrition.org)

Services: 4 Nutrition Counseling Sessions (2 vouchers)

**Sage Holistic Health****970.667.7071**

1136 N. Lincoln Ave, Loveland

[www.sageholistichealth.com](http://www.sageholistichealth.com)Contact: Dee Koloski ND, L. Ac & Kathryn Plummer ND, Lisa Smuin [info@sageholistichealth.com](mailto:info@sageholistichealth.com)

Services: 60-Minute Massage, 45-Minute Acupuncture, Established Nutritional Consultation

*Initial visit for acupuncture and nutritional consultation cost two vouchers each.***Sole Therapy****970.231.7059**

3938 JFK Pkwy #11C, Fort Collins

[www.sole-therapy.com](http://www.sole-therapy.com)

Contact: Andi Bartholomew

Services: 60-Minute Reflexology, 60-Minute Reiki

**Solecki Chiropractic & Acupuncture****970.353.2101**3624 W 10<sup>th</sup> St, Greeley[www.soleckichiro.com](http://www.soleckichiro.com)**Somebunny**Contact: Hannah Hopkins Walton, [hannah@somebunnyawesome.com](mailto:hannah@somebunnyawesome.com)

Services: Shirts and pillows for post-surgery recovery.

*0 vouchers for mastectomy shirt/waterproof drain pouch. 1 voucher for a handmade mastectomy pillow.**Shipping paid by client.***Sonder Salon****303.916.2955**

3491 E Harmony Rd, #114, Fort Collins

[www.sondersalon.com](http://www.sondersalon.com)

Contact: Audrey Catherine

Services: *0 vouchers for buzz cut, wig consultation and cuts/styling for the life of your wig. Appointment only.**Use up to 5 vouchers towards the purchase of a wig (equivalent to \$250).***Spring Creek Acupuncture****303.585.0019**

1816 S. Whitcomb St, Fort Collins

Contact : Christina LaCroix (former client/Survivor)

BOOK HERE: [www.springcreekacupuncture.com](http://www.springcreekacupuncture.com) (*1<sup>st</sup> visit takes 2 vouchers*)

### **Soul Agency**

**970.402.5330**

[www.soulagencylife.com](http://www.soulagencylife.com)

Contact: Deanna Krause, [deanna.krause@soulagencylife.com](mailto:deanna.krause@soulagencylife.com)

Services: Healing products for cancer patients of all kinds. *Hope Lives clients receive 20% OFF with coupon code HOPELIVES!20 @ checkout.*

### **The Crowded Bookshelf**

[www.thecrowdedbookshelf.com](http://www.thecrowdedbookshelf.com)

Contact: Renee Becher, [thecrowdedbookshelffc@gmail.com](mailto:thecrowdedbookshelffc@gmail.com)

Services: 15% off 1<sup>st</sup> order of books/gifts

### **The Happy Mat Yoga Studio**

**970.820.0838**

Contact : Rachel Dirks, [yogalovingrachel21@gmail.com](mailto:yogalovingrachel21@gmail.com)

[www.happyyouhealing.com](http://www.happyyouhealing.com)

Services: Reiki (*2 vouchers*), Private Sound Bath

*\*BONUS\* 5 Yoga Classes and 1 entry to Sound Bath Circle to every new Hope Lives! Client (0 vouchers)*

### **Traditional Chinese Medical Clinic**

700 W. Mountain Ave, Fort Collins

**970.416.0444**

Contact: Monique Larsen, [tcmclinic@tcmclinic.org](mailto:tcmclinic@tcmclinic.org)

[www.tcmclinic.org](http://www.tcmclinic.org)

Services: Acupuncture

### **Tranquil Health Massage & Wellness Center**

3307 S College Ave, Suite 200-9, Fort Collins

**970.219.9135**

Contact: Gayle Tanaka, [GTanakaCNM@gmail.com](mailto:GTanakaCNM@gmail.com)

[www.tranquilhealthmassage.com](http://www.tranquilhealthmassage.com)

Services: Massage

*Spiritual direction also available- call for more information*

### **Tusken Chiropractic and Acupuncture**

**970.669.5433**

706 N. Taft, Loveland

[tuskenchiropractic@gmail.com](mailto:tuskenchiropractic@gmail.com)

Services: Acupuncture/Exam, Chiropractic/Exam, 60-minute massage

### **UNC Cancer Rehabilitation Institute**

**970.351.1720**

913 19<sup>th</sup> St, Greeley



[www.unco.edu/unccri](http://www.unco.edu/unccri)

Services: Enroll in a 3-month Cancer Rehabilitation program. This includes an initial assessment and meeting with a trainer 3x/week. *6 Vouchers or \$300*

### **White Light Guidance**

**970.691.4295**

373 W. Drake Rd, #9, Fort Collins

[www.withwhitelightguidance.com](http://www.withwhitelightguidance.com)

Contact: Catie Hill, [guidance.whitelight@gmail.com](mailto:guidance.whitelight@gmail.com)

Services: 1:1 intuitive life coaching & grief mentorship session. *Continuing programming pricing (self-pay) for Hope Lives clients is \$50 off 1:1 intuitive life coaching/grief mentorship sessions & 20% off coaching packages.*

### **Wildfire Magazine**

<https://www.wildfirecommunity.org/>

WILDFIRE is a magazine specifically designed with the young breast cancer survivor and fighter in mind. The contributors are all diagnosed under the age of 45; a growing population decades younger than the average breast cancer fighter with few age-appropriate resources available. *15% discount at checkout for magazine subscriptions, apparel, writing workshops and more with code HOPELIVES.*

### **Women of the Water**

**970.658.0381**

[www.womenofthewater.com](http://www.womenofthewater.com)

Contact: Lisa Cheney-Philp, [lisa@womenofthewater.com](mailto:lisa@womenofthewater.com)

Services: 1:1 coaching and small group programs exploring grief, loss, death and dying

Services: *New Client Introductory Package or Small Group Program (4 vouchers), 1:1 coaching package (10 vouchers)*

### **Xanadu Med Spa**

**970.482.1889**

2244 E Harmony Rd, #100, Fort Collins

[www.xanadumedspa.com](http://www.xanadumedspa.com)

Services: Massage, Clinical Oncology Esthetics, Facials and Hand/Foot/Scalp Treatments, Microblading, Lash/Brow Tinting, Lash Extensions

Services: Massage, Facials, Oncology Aesthetics, Hand/Foot Massage, Skincare, Microblading, Botox and more.

### **GLOSSARY OF SERVICES**

- **Acupuncture** – alleviates symptoms such as: nausea, vomiting, fatigue, and those associated with menopause, as well as assisting with pain management.
- **Barre** - class involving intense isometric movements that are sequenced in a way to elongate and lean out your muscles. Modifications are introduced based on physical capabilities.
- **Biofeedback** – Become aware of how your body and mind react to stress; explore and practice healthier responses.
- **Chiropractic** - immune support, increases energy/comfort, relaxation, stress relief.
- **Counseling** - (individual, couple, family) – increases effective communication, decreases stress/dysfunction.

- **Hair and Wig Care** - support for the process of hair loss and regrowth
- **Home Help** - (cleaning, errands, meal prep, transportation, personal care) – decrease stress, more time for healing and recovery.
- **Healing Touch** - faster surgical healing, decreases post -op circulatory/respiratory complications, mental/emotional healing, healing affirmations.
- **Hypnotherapy** - a method to help treat virtually any psychological or behavioral health issue such as trauma, pain, depression, anxiety, insomnia and more.
- **Lomi Lomi Massage** - a traditional Hawaiian massage that combines massage techniques, nut oils, breathing and dance to soothe the body. It is based on Huna philosophy and how it is related to our body's work and its healing process.
- **Lymphatic Drainage Massage** - uses a very light touch that mimics the body's natural lymphatic pump. Helps remove toxins, reduced swelling (lymphedema)
- **Massage** - (Swedish, Neuromuscular) - immune support, relaxation, pain relief, decreases stress, lowers heart rate/blood pressure, improves circulation.
- **Naturopathic Medicine** - whole person, cause based approach to health care with natural therapies (stress management, botanical medicine, homeopathy, nutrition, Chinese Medicine)
- **Qigong** - is a Chinese method that combines soft body movements with mental concentration and breathing to increase human energy.
- **Reiki** - relaxation, pain relief, mood improvement, increase sense of well-being and positive attitude.
- **Reflexology** - encourages release of toxins, increases sense of harmony.
- **Regrowth** – Short hair that grows in after chemotherapy ends.
- **Tai chi** - is a type of Chinese physical exercise in which you make slow, controlled movements to decrease stress and improve mood.
- **Yoga** - more resilience to disease, strength, flexibility, relaxation, and connection to one's body.
- **Yoni Steaming** - known as V-Steamming or vaginal steaming, is an ancient technique still used around the world to address gynecological issues and vaginal and uterine health. It's currently one of the top requested alternative health services in the U.S. and rapidly growing in popularity.

## **ADDITIONAL RESOURCES**

- 2Live 2Cure (patient care kits) <https://www.2live2cure.org/>
- A Fresh Chapter (virtual support workshops) <https://afreshchapter.com/>
- *All of Us* (NIH supported ancestry/genetic research program) <https://www.joinallofus.org/#>
- Assurance Wireless (free phone) [www.assurancewireless.com](http://www.assurancewireless.com) 800-392-3850
- Bags of Hope (patient goodie bags) <https://bagsofhope.live/> 205-292-9397
- BreastCancer.org (the most reliable source for info) [www.breastcancer.org](http://www.breastcancer.org)
- BreastCancerTrials.org (participate in clinical trials) [www.breastcancertrials.org](http://www.breastcancertrials.org)
- Breast Cancer Freebies (the BEST place for all free stuff for BC!) [www.breastcancerfreebies.com](http://www.breastcancerfreebies.com)
- Breast Cancer Wellness Magazine (digital mag/cruise info) <https://breastcancerwellness.org/>
- Camp Koru (outdoor adventure camp for young survivors) <https://www.projectkoru.org/camp-koru>
- Camp Kesem (camp for kids of patients) <https://www.kesem.org/programs-services/camp-kesem>
- Cancer and Careers (know your rights) [www.cancerandcareers.org](http://www.cancerandcareers.org) [www.cancerandcareers.org/espanol](http://www.cancerandcareers.org/espanol)
- Cancer Care (emotional support) [www.cancercare.org](http://www.cancercare.org)
- Cancer Connect (online network) <https://news.cancerconnect.com/>
- Cancer Support Community (support, resources and more) <https://www.cancersupportcommunity.org/>
- Casting for Recovery (fly fishing retreats) <https://castingforrecovery.org/>

- Chemecessories (accessories to ease chemo) <https://chemecessories.org/>
- Cleaning for a Reason (house cleaning) <https://cleaningforareason.org/> [info@cleaningforareason.org](mailto:info@cleaningforareason.org)
- Colorado Stage IV MBC Support Group <https://www.facebook.com/groups/3656001217962407>
- Conversations with Kelly (grief podcast) <https://conversationswithkelly.com/podcasts/>
- Concern Foundation (genetics research) [www.concernfoundation.org](http://www.concernfoundation.org) 323-852-9844
- Dana Farber Cancer Institute, Boston [www.dfci.harvard.edu](http://www.dfci.harvard.edu) 800-525-4669
- Domus Pacis (Breckenridge retreats for patients and families) <https://www.domuspacis.org/>
- Emerge Radiant (areola tattooing) <https://www.emergeradiant.com/>
- Elephants and Tea (young adult support) [www.elephantsandtea.com](http://www.elephantsandtea.com)
- Epic Experience Beyond Cancer (adventure camps) <https://www.epicexperience.org/>
- Facing Hereditary Cancer Empowered (hereditary cancer resource) <https://www.facingourrisk.org/>
- Fighting Pretty (care packages) <https://www.fightingpretty.org/>
- For 3 Sisters (resource case management) <https://www.f3s.org/>
- First Descents (retreats for those under 45) <https://firstdescents.org/programs/>
- Good Health Will (used medical supplies) [info@goodhealthwill.org](mailto:info@goodhealthwill.org) 970-624-6002 (Loveland) 970-515-6935 (Greeley)
- Health Well Foundation (helping underinsured) <https://www.healthwellfoundation.org/>
- Ignite Hope (candles) [www.ignitehopecandles.org](http://www.ignitehopecandles.org)
- Image Reborn (retreats) <https://imagerebornfoundation.org/wellness-program/renewal-retreats/>
- Imerman Angels (one-on-one support) <https://imermanangels.org/>
- Inheritance of Hope (trips for families) [www.inheritanceofhope.org](http://www.inheritanceofhope.org) 914-213-8435
- Kits to Heart (care kits) [www.kitstoheart.org](http://www.kitstoheart.org)
- Lasagna Love (food delivery) <https://lasagnalove.org/>
- Little Pink Houses of Hope (family retreats) <https://www.littlepink.org/>
- Live by Living (hikes and retreats) <https://www.livebyliving.org/>
- Living Beyond Breast Cancer (resources/support) <https://www.lbbc.org/>
- Look Good, Feel Better (cancer beauty resource) <https://lookgoodfeelbetter.org/>
- Luminaires (survivorship subscription boxes) <https://www.luminaries.life/>
- LymphedIVAS (compression garments) <https://www.lymphedivas.com/>
- Mane Door Salon (*buzz, wig cut/style by survivor Nancee*) [www.themanedoorsalon.com](http://www.themanedoorsalon.com) 970-493-4171
- Mayo Clinic, Minnesota [www.mayoclinic.org](http://www.mayoclinic.org)
- MD Anderson Cancer Center, Houston [www.mdanderson.org](http://www.mdanderson.org) 800-525-5841
- Medicine Horse (equine therapy) [www.medicinehorse.org](http://www.medicinehorse.org) 720-406-7630
- Medical Tattoo Denver (areola tattooing) [www.medicaltattoodenver.com](http://www.medicaltattoodenver.com)
- Memorial Sloan-Kettering Cancer Center, New York [www.mskcc.org](http://www.mskcc.org)
- Metastatic Breast Cancer Alliance (resources) <https://www.mbcalliance.org/>
- My Hope Chest (reconstruction scholarships) <https://www.myhopechest.org/>
- My Life Line (community/support) <https://www.mylifeline.org/>
- National Cancer Institute <https://www.cancer.gov/>
- National Coalition for Cancer Survivorship (survivor challenges) <https://canceradvocacy.org/>
- National Library of Medicine <https://www.nlm.nih.gov/>
- Not Putting on a Shirt (going flat) <https://notputtingonashirt.org/>

- Pan Foundation (financial assistance) <https://www.panfoundation.org/>
- Phil's Friends (cancer packages/Christian support) [www.philsfriends.org](http://www.philsfriends.org) 224-653-8315
- Pockets of Hope (mastectomy hoodies) <https://www.pocketsofhope.com/>
- Polite Tumor (financial assistance) <https://www.politetumor.com/mission-1>
- Project Life (MBC wellness) [www.projectlifembc.com](http://www.projectlifembc.com)
- Road to Recovery (rides to treatment) [www.cancer.org/roadtorecovery](http://www.cancer.org/roadtorecovery)
- Relay for Life (fundraising walk) [www.relayforlife.org](http://www.relayforlife.org)
- Rethink Breast Cancer (breast cancer movement) <https://rethinkbreastcancer.com/>
- Sense of Security (financial assistance) <https://www.senseofsecurity.org/>
- Share (education/support) <https://www.sharecancersupport.org/>
- Sisters Hope (retreats) <https://www.sistershope.org/>
- The American Cancer Society [www.cancer.org](http://www.cancer.org)
- The Breasties (community/advocacy) <https://thebreasties.org/>
- The Breast Box (pj's with drain pockets) <https://thebreastbox.com/>
- The Breast Cancer Research Foundation (research funding) [www.bcrfcure.org](http://www.bcrfcure.org) 866-FIND-A-CURE
- The B.A.B.Y. Foundation (financial assistance) [www.thebabyfoundation.org](http://www.thebabyfoundation.org)
- The City of Hope Cancer Center [www.cityofhope.org](http://www.cityofhope.org) 800-260-HOPE
- The Jet Foundation (food/financial assistance) [www.thejetfoundation.com](http://www.thejetfoundation.com)
- The Lydia Project (care bags) [www.cancersupportservices.org](http://www.cancersupportservices.org) 706-736-5467
- The Pink Fund (financial assistance) <https://pinkfund.org/>
- The Previvor (resource) <https://theprevivor.org/>
- The Susan G Komen Foundation [www.komen.org](http://www.komen.org) 888-888-3317
- The Tutu Project (inspiration) <https://thetutuproject.com/dare2tutu/>
- Tigerlily Foundation (education) <https://www.tigerlilyfoundation.org/>
- TLC Direct (headwear) [www.tlcdirect.org](http://www.tlcdirect.org)
- Triage Cancer (legal issues) [www.triagecancer.org](http://www.triagecancer.org)
- Triple Negative Breast Cancer Foundation (reliable source for 3-) <https://tnbcfoundation.org/>
- Twisted Pink (mets support) <https://www.twistedpink.org/>
- Vital Options International (education/advocacy) <https://www.vitaloptions.org/>
- World Change Coalition (pocketed cancer jeans) [www.worldchangecoalition.net](http://www.worldchangecoalition.net) 720-805-7225
- Young Survivors Coalition (young community) <https://youngsurvival.org/>